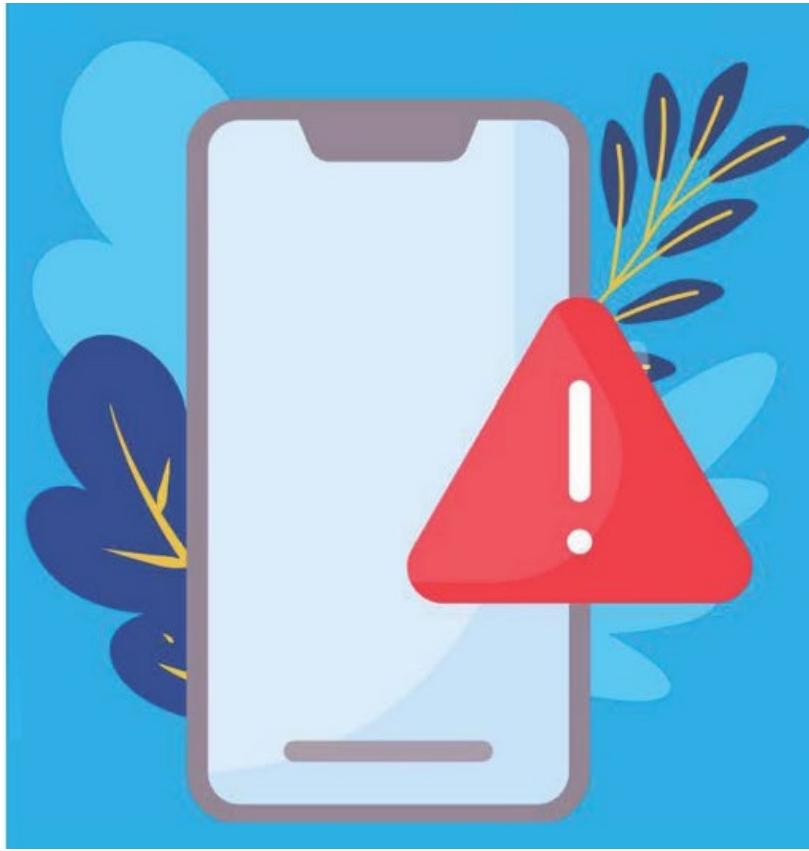


DISASTER PREP

(Plan, Respond, Exercise, & Prepare)

From the DMH Office of Disaster Services

July 2024



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Hospital Incident Command System (HICS) Training

Join the Missouri Hospital Association for Hospital Incident Command System (HICS) Trainings. There are numerous learning opportunities that focus on the real-world integration of ICS into the health care setting. These courses have been designed to enhance your understanding of the HICS structure, implementation to manage incidents, and the roles and responsibilities associated — whether operations-focused or executive level.

Learn more detailed information on course opportunities: [HICS Trainings](#)

WHAT'S NEW

HICS TRAINING

The latest in Hospital Incident Command System (HICS) training opportunities.

THE WAIT IS OVER!

Debra Hendricks discusses the official launch of the new I/DD Preparedness Guidebooks and how to access them.

BACK TO SCHOOL SAFETY

Heather Osborne details all your back-to-school travel safety tips.

JENN'S JOKES

In loving memory of Jenn Sovanski

The wait is over!

By Debra Hendricks

We have been talking for several months about the Office of Disaster Services' (ODS) disaster preparedness planning guidebooks. They are finally available on the DMH content hub or on the ODS webpage.

In addition to the guidebooks themselves – which can be completed online or printed – there are online trainings and tools like short learning videos and Health Passports, concise information sheets about each person that can be shared with staff or first responders. They all support the use of the guidebooks for planning and preparedness.

The guidebook for individuals features easy-to-answer questions that lead to a personalized emergency plan. The guidebook is designed to be completed by the individual, either alone or with assistance. It can be completed in stages so as not to overwhelm anyone with the process.

The companion provider guidebook provides information for those who provide care and support to an individual with an intellectual or developmental disability. It not only addresses ways to support the individual's disaster needs, but also offers information about securing the physical plan of the location.

The information in the plans should be shared with anyone who provides supports to that individual. This includes individuals on all shifts, respite providers and anyone else who might be called upon to offer supports during an emergency or disaster. The guidebooks support individuals in any living situation -- Individualized Supported Living (ISL), group home, state-operated facility, provider setting or at home with a parent or guardian.

The guidebook project was the initial assignment for a new preparedness coordinator in the Office of Disaster Services, focusing on preparedness for individuals with intellectual and developmental disabilities. She will also be able to provide several other services for the Developmental Disabilities Division and providers. These services include help with planning, creating exercises and facilitating drills, to name a few.



Reach out to Deb with any questions about preparedness for individuals with I/DDs:
debra.hendricks@dmh.mo.gov

Back-To-School Safety

By Heather Osborne

It may only be the beginning of July, but back to school time will be here before we know it (cheers from the parents/groans from the kids). With back to school comes an increase in traffic, both vehicular and pedestrian. It's important to review back to school safety tips with the students in your life whether they walk, ride the bus, ride/drive a car, ride a bike/scooter/airplane to school. Listed below are safety tips for various ways students get to school to review before the new school year begins (except airplane safety, I have nothing there).

Buses

Get to the bus stop early;
Stand back from the curb (at least three giant steps) while waiting for the bus;
Board the bus once it has come to a complete stop and the driver/aide has instructed them to get on;
When disembarking off the bus, stay in clear view of the bus driver;
NEVER walk behind the bus.

Walking

Review your family's walking safety rules;
Don't become distracted with your cell phone while walking;



Walk on the sidewalk, if available. If no sidewalk is available, walk facing the traffic;
Cross the street at the corner/crosswalk, stopping to look both ways, twice, before crossing;
Obey traffic signals;
Never dart out into the street or cross between parked cars;
It is recommended that parents walk to school the first week with young children, children taking new routes to school, and/or attending new schools. Or practice the route with them beforehand;
Arrange for students to walk to school with a sibling/classmate/friend.

Bikes/Scooters

Always wear a helmet;
Ride on the right side of the road, the same direction as the traffic is going;
If riding with friends, ride in a single file;
Stay alert and avoid distracted riding.

Cars

Give yourself extra time for drop/off pick/up at the start of school;
Stay alert and avoid distracted driving;
Always wear a seatbelt;
Younger children should use car/booster seats until the lap-shoulder belt fits properly (usually around 8-12 years of age and over 4'9");
Obey school zone speed limits and follow the school's drop-off procedure.

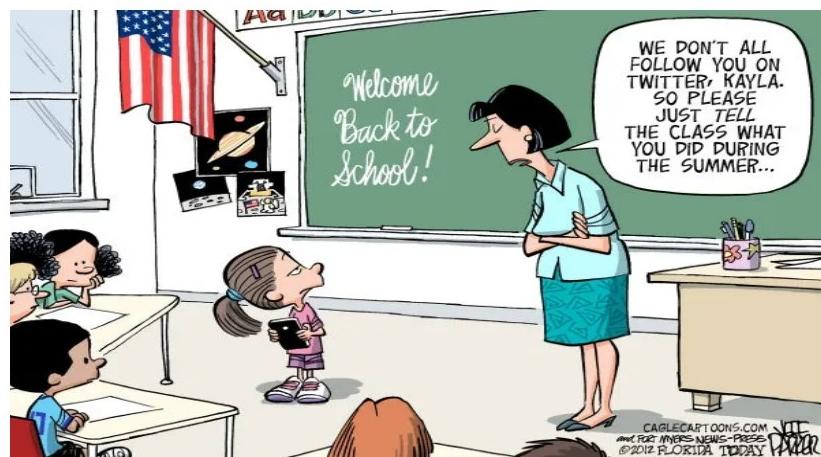
There are also safety tips for those driving to and from work to keep in mind with the increased back to school traffic

Slow down;
Give yourself extra time to get to where you're going, especially the first week of school;
Remember yellow flashing lights on a bus mean it's getting ready to stop, slow down and prepare to stop;
Flashing red lights/extended stop sign means the bus is stopped and students are getting on/off the bus;
Never pass a bus loading or unloading students;
Motorists following or meeting a school bus need to remain stopped until the red lights have stopped flashing, the stop arm is withdrawn, and all children have reached safety.

Information from: Redcross.org NSC.org

Jenn's Jokes

In Loving Memory of Jenn Sovanski



Why are there not any knock-knock jokes about America?

Because freedom rings.

Which flag is the most highly rated on Amazon?

The American flag, it has 50 stars.

Have you ever been camping?

It's in tents.

Upcoming Trainings

For More Information:

NOVA Advanced Training

July 9-11, 2024

Springfield, MO

<https://tinyurl.com/NOVA-Advanced-SPR>

Stop the Bleed Training

August 20, 2024

DMH-Central Office

<https://tinyurl.com/STB-Fall-2024>

PREPaRE Training

October 7-8, 2024

Springfield, MO

<https://tinyurl.com/SPR-PREPaRE>

CPR/AED Training

November 13, 2024

DMH-Central Office

<https://tinyurl.com/CPR-FALL-2024>



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Office of Disaster Services

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Jefferson City, MO 65101

573-526-7821

<https://dmh.mo.gov/disaster-services>

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FEMA ICS 100 & 200 and

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<https://tinyurl.com/NIMS-200>

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Psychological First Aid

<https://tinyurl.com/PFA-online>

Trauma-Informed Care

<https://modmh.thinkific.com>

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